

Awake & Breathing Trial but patient fails from agitation?



Is the only response to re-sedate for safety?



Confused patients wean and move safely with the Exersides Refrains System!



 HDmedical.org

Staff Delirium Education

Virtual Reality!

DelTrain™ VR
Adult or Pediatric



Learn VR Advantage
Techniques **Convenient**
Scoring **Effective**
Empathy **Engaging**
Nurses/Doctors/Therapists/Administrators

Order a package today!
Hello@HDmedical.org 802.821.1002

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Follow us @ExersidesICU www.HDmedical.org
13 Willow St., Rutland, VT 05701



Reduce Restraint, Delirium & IV/Tube Dislodgement with...
The Exersides Refrain System

Adult and Pediatric
PICU • ICU • PACU • Med/Surg
Trauma • Step-Down • Dementia
Acute Rehab • EMS


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The Exersides Refrains System

Improve outcomes and nurse workflow through safe compliant patient-centered early mobilization & cognition

MINIMIZE	MAXIMIZE
Restraint	Mobility
Delirium	Cognition
Sedation	Spirit

Unlike Wrist Restraints

- No Head-to-Hand entanglement for extubation
- No tension at wrist
- Allows safe arm movement

Unlike Mitts

- Easy access to hand & IVs
- No entanglement to dislodge catheters & IVs
- No** entanglement for unplanned extubation

Unlike Anything

- Tangle-free IV containment system for safety
- Titrate restraint from strict to liberal to none
- Built-in Occupational Therapy hand device
- Hand Shield prevents tube dislodgement



Request a Quote



Multiple levels of titratable Refrain & restraint make the Exersides Refrain the only clinically-trialed all-in-one device in compliance with CMS 'Least Restrictive Intervention'.



Patients

- Reduce fear and agitation
- Reduce need for harmful sedation/hallucinations
- Additional safety & freedom
- Better family interaction



Clinicians

- Nurse Safety bed straps
- IVs and hands accessible and tangle-free
- Change restraint level
- Wean faster
- Reduce sitters/staff effort



Administrators

- CMS Compliance: 'least restrictive intervention'
- Better patient satisfaction
- Reduce readmission/protect reimbursement/save costs
- Speedier discharge to rehab

Purchasers

- Education and Evaluation Intro Offer
- Exersides Refraints re-orders
- DelTrain™ VR for hospitals Adult/Pedi
- DelTrain™ VR + Lesson Plan for schools